



Newsletter

Friday 12th January 2024



@PelhamPrimary_ Tel: 0208 303 6556 Email: Pelhamadmin@illuminate minds.org



Dear Parents and Carers,

I hope you all had a restful and enjoyable winter break.

I'd like to start this newsletter by saying...

Happy New Year!

This week we started our Spring 1 term with a Super Start. The children in every year group spent their day immersed in their new topic taking part in activities designed to spark their imagination and enthusiasm. Please see the class Twitter for more pictures of the learning that took place for the Super Start.

You can see some of the work that the children will be undertaking during the rest of this half term on the topic overviews sent out before Christmas.

Our Pupil Parliament took a trip to the Houses of Parliament this week and I'm sure that in the future we will see some of our Pupil Parliament members in the Government making big decisions!

We are all looking forward to a fantastic Spring Term where the children will be engaging in lots of exciting learning opportunities!

Kind regards,

Mr. T Baines- Head Teacher



We Dream Big

Attendance



Class	Percentage %
Bumblebees	94.2%
Ladybirds	94%
Dragonflies	96.3%
Butterflies	95%
Kangaroos	* 100% *
Koalas	96.7%
Penguins	93.8%
Polar Bears	95.5%
Pelicans	98.4%
Flamingos	90.5%
Giraffes	* 100% *
Zebra	98.1%
Starlings	95.4%
Parakeets	97.1%

It's great to see everyone working so hard to achieve the target of 100%. We can only do this if we all work together !

Attendance Reporting

If you are reporting your child absent, you will need to contact the school office and speak directly with a member of staff during office hours. However, if you phone outside of office hours, please leave a voicemail and we will contact you during the school day.

This is part of our safeguarding procedure and part of our strategy to work with parents / carers on ensuring good attendance for all pupils.

Diary Dates

Monday 15 th January 2024	Tuesday 16 th January 2024	Wednesday 17 th January 2024	Thursday 18 th January 2024	Friday 19 th January 2024
World Religion Day Martin Luther King Jr Day	Pelicans Swimming Year 6 Parakeets Trip - Mudchute Farm Visit Cooking Club - KS2 Football Club - KS2 Choir - KS2	Nursery Open Morning 9:30am - 10:30am Phonics Booster - KS1 Third Space Learning - Year 6 Reception Phonics Boosters - EYFS Lego Club - Year 1/2 Lunch Club - TTRS - Year 3/4	Chess Club - Year 3/4 Science Club - Year 3/4 TTRS Club - KS1 Lunch Club - Lego Club - Year 5/6 *Year 6 Starlings Trip - Mudchute Farm Visit THIS TRIP HAS BEEN MOVED TO 20/02/24*	Cross Country Running Club - KS2
Monday 22 nd January 2024	Tuesday 23 rd January 2024	Wednesday 24 th January 2024	Thursday 25 th January 2024	Friday 26 th January 2024
Tết - Vietnamese New Year Lunar New Year	Pelicans Swimming Year 2 Trip - Tower of London National Handwriting Day Cooking Club - KS2	Year 1 Dragonflies Trip - London Transport Museum Nursery Open Morning 9:30am - 10:30am Phonics Booster - KS1	Year 1 Butterflies Trip - London Transport Museum Burns Night Chess Club - Year 3/4 Science Club - Year 3/4	Cross Country Running Club - KS2
	Football Club - KS2 Choir - KS2	Third Space Learning - Year 6 Reception Phonics Boosters - EYFS Lego Club - Year 1/2 Lunch Club - TTRS - Year 3/4	TTRS Club - KS1 Lunch Club - Lego Club - Year 5/6	
Monday 29 th January 2024	Tuesday 30 th January 2024	Wednesday 31 st January 2024	Thursday 1 st February 2024	Friday 2 nd February 2024
Reception Weave the Magic 9.30 - 11.30am	Pelicans Swimming Year 1 Class Assembly Butterflies - 9:30am - 10:15am Dragonflies - 2:15pm - 3:00pm Cooking Club - KS2 Football Club - KS2 Choir - KS2	Year 2 Class Assembly Koalas - 9:30am - 10:15am Kangaroos - 2:15pm - 3:00pm Phonics Booster - KS1 Third Space Learning - Year 6 Reception Phonics Boosters - EYFS Lego Club - Year 1/2 Lunch Club - TTRS -	Year 3 Class Assembly Penguins - 9:30am - 10:15am Polar Bears - 2:15pm - 3:00pm Chess Club - Year 3/4 Science Club - Year 3/4 TTRS Club - KS1 Lunch Club - Lego Club - Year 5/6	NSPCC Number Day Time to Talk Day 2024 Cross Country Running Club - KS2
		Year 3/4		

Diary Dates Continued..

Monday 5 th February 2024	Tuesday 6 th February 2024	Wednesday 7 th February 2024	Thursday 8 th February 2024	Friday 9 th February 2024
Lantern Festival Year 4 Trip - Buddhist Temple Nursery Weave the Magic 9.30 - 11.30am	Safer Internet Day Year 3 Trip - Science Museum Year 4 Class Assembly Flamingos - 9:30am - 10:15am Pelicans - 2:15pm - 3:00pm Cooking Club - KS2 Football Club - KS2 Choir - KS2 Pelicans Swimming	World Read Aloud Day Year 5 Class Assembly Zebras - 9:30am - 10:15am Giraffes - 2:15pm - 3:00pm Phonics Booster - KS1 Third Space Learning - Year 6 Reception Phonics Boosters - EYFS Lego Club - Year 1/2 Lunch Club - TTRS - Year 3/4	Year 6 Class Assembly Parakeets - 9:30am - 10:15am Starlings - 2:15pm - 3:00pm Chess Club - Year 3/4 Science Club - Year 3/4 TTRS Club - KS1 Lunch Club - Lego Club - Year 5/6	Cross Country Running Club - KS2

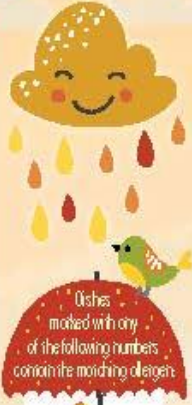
We look forward to seeing as many parents and carers as possible at our school events!

CELEBRATING 20 YEARS

NOURISH
Established 2003

OCT 23 TO MAR 24

Weekly Menu



Dishes marked with any of the following numbers contain the matching allergen.

- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Nuts
- 12 Celery/Celery
- 13 Nuts
- 14 Lupins
- 15 Barley/Gluten



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Week 1	Vegetable Lasagne 1,3,4,7,9 Cauliflower & Chick Pea Curry 16 Jackets with a Choice of Toppings 7,8,9	Chicken Stew & Dumplings 1 Pesto Pasta Bake 1,7,9 Jackets with a Choice of Toppings 7,8,9	Mixed Beef & Yorkshire Pudding 1,7,9 Lentil & Bean Loaf 1,16 Jackets with a Choice of Toppings 7,8,9	Pasta Carbonara 1,7 Falafel Wrap 1,16 Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Cheesy Bean Slice 1,7,9 Jackets with a Choice of Toppings 7,8,9
30th Oct	Rice, Sweetcorn, Peppers	Green Beans, Carrots	Rustic Roast Potatoes Cauliflower, Broccoli	New Potatoes Seasonal Vegetables	
27th Nov	Rice Pudding & Jam 7 Yr Flourish Biscuit 1 Fruit Pots	Apple Crumble 1 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17	Chocolate Swirl 1,7 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17	Chips, Peas Baked Beans, Coleslaw 9
6th Jan					
5th Feb					
11th Mar					

We are on Week 2 this week

Macaroni Cheese 1,7,9 Rice & Bean Burrito 1,16 Jackets with a Choice of Toppings 7,8,9	Chicken Noodles 1,2,16 Vegetable Muggers & Tomato Sauce 1,16 Jackets with a Choice of Toppings 7,8,9	Roast Pork & Gravy Roast Vegetable Yorkshire Pudding Wrap 1,2,9,16 Jackets with a Choice of Toppings 7,8,9	Roast Pork & Gravy Roast Vegetable Yorkshire Pudding Wrap 1,2,9,16 Jackets with a Choice of Toppings 7,8,9	Salmon Risotto 8 Margherita Pizza 1,2,9,16 Jackets with a Choice of Toppings 7,8,9
Baked Wedges Seasonal Vegetables	Rainbow Rice, Carrots, Peas	Rustic Roast Potatoes Cabbage, Sweetcorn	Rustic Roast Potatoes Cabbage, Sweetcorn	Chips, Peas, Baked Beans Cucumber Sticks
Ice Cream 7 Yr Flourish Biscuit 1 Fruit Pots	Toffee Apple Pudding 1,9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Popcorn & Raisin Pot Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17	Popcorn & Raisin Pot Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17	Jaffa Biscuit 1 Yoghurt 17 Fruit Pots

Theme Day See next page

Chicken Curry Tomato & Herb Pasta 1,16 Jackets with a Choice of Toppings 7,8,9	Roast Gammon & Gravy Cheese & Onion Pinwheel 1,7,9 Jackets with a Choice of Toppings 7,8,9	Chicken & Sweetcorn Pie 1 Pesto Pasta 1,7,9 Jackets with a Choice of Toppings 7,8,9	Sausages 1,8 Quorn Sausage 1,16 Jackets with a Choice of Toppings 7,8,9
Rice, Sweetcorn Onion Slaw	Rustic Roast Potatoes Cabbage, Peas	New Potatoes Seasonal Vegetables	Chips, Peas, Baked Beans Roasted Onions
Jam Sponge 1,9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17	Sweet Potato Cake 1,9 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17	Apple Flapjack 1,15 Yoghurt 17 Fruit Pots

Week 3

Cheese & Tomato Garlic Dough Balls 1,7,9 Spaghetti Vegetable Bolognese 1,16 Jackets with a Choice of Toppings 7,8,9	Chicken Curry Tomato & Herb Pasta 1,16 Jackets with a Choice of Toppings 7,8,9	Roast Gammon & Gravy Cheese & Onion Pinwheel 1,7,9 Jackets with a Choice of Toppings 7,8,9	Chicken & Sweetcorn Pie 1 Pesto Pasta 1,7,9 Jackets with a Choice of Toppings 7,8,9	Sausages 1,8 Quorn Sausage 1,16 Jackets with a Choice of Toppings 7,8,9
New Potatoes Green Beans, Carrots	Rice, Sweetcorn Onion Slaw	Rustic Roast Potatoes Cabbage, Peas	New Potatoes Seasonal Vegetables	Chips, Peas, Baked Beans Roasted Onions
Chocolate Whip 7 Fruit Pots, Yr Flourish Biscuits 1	Jam Sponge 1,9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17	Sweet Potato Cake 1,9 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17	Apple Flapjack 1,15 Yoghurt 17 Fruit Pots

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Margherita Pizza 1,2,9,16 Vegetable Biryani 1,16 Jackets with a Choice of Toppings 7,8,9	BBQ Chicken Tomato Spaghetti 1,16 Jackets with a Choice of Toppings 7,8,9	Roast Chicken & Gravy Vegan Sausage Roll 1,16 Jackets with a Choice of Toppings 7,8,9	Bolognese Penne Pasta 1 Cheesy Cajun Wedges 4,7,9 Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Bruschetta 1,7,9 Jackets with a Choice of Toppings 7,8,9
Rainbow Pasta 1 Sweetcorn, Peppers	Rice, Seasonal Vegetables	Rustic Roast Potatoes Green Beans, Carrots	Cauliflower, Broccoli	Chips, Peas Baked Beans, Coleslaw 9
Strawberry Mousse 7 Yr Flourish Biscuits 1 Fruit Pots	Banana Loaf 1,9 & Chocolate Custard 7 Yr Flourish Biscuits 1 Fruit Pots	Fruity Cornflake Cake 1,7 Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17	Jam Swirl 1 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17	Jaffa Biscuit 1 Yoghurt 17 Fruit Pots

Week 4

Margherita Pizza 1,2,9,16 Vegetable Biryani 1,16 Jackets with a Choice of Toppings 7,8,9	BBQ Chicken Tomato Spaghetti 1,16 Jackets with a Choice of Toppings 7,8,9	Roast Chicken & Gravy Vegan Sausage Roll 1,16 Jackets with a Choice of Toppings 7,8,9	Bolognese Penne Pasta 1 Cheesy Cajun Wedges 4,7,9 Jackets with a Choice of Toppings 7,8,9	Fish Fingers 1,8 Bruschetta 1,7,9 Jackets with a Choice of Toppings 7,8,9
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VEG: Vg Vegan, V Vegetarian
 Just Add It Daily: Selection of Salads 9, Homemade Bread 1, 3, 7, 9
 Some of our dishes may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celery. Please discuss with your manager.

NOURISH



NUMBERS FESTIVAL

MENU

THURSDAY 18TH JANUARY 2024

Beefburger 1,5,6

60% burger + 40% bun = 100% delicious

+++

Cheese & Tomato Wrap Stack Triangles 1,7

How many sides are there?

+++

Jacket Potato with a Choice of Toppings 7,8,9

+++

Spaghetti Zeros 1

Sweetcorn & Peas

Jacket Wedges

+++

Millionaire Biscuit 1,7

Ice Cream 7

Fruit Pots

Yoghurt 7

Complete the Sudoku Puzzle correctly and take to the counter at lunchtime to be entered into a draw for a prize.

Every row, column and mini-grid must contain the numbers 1 to 4. Don't guess - use logic!

	4	2	
2			3
1			4
	3	1	

How many Mr Nourishes are on this flyer?

Name: _____

Class: _____

Allergen code: 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame
6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs
12 Celery/Celery 13 Nuts 14 Lupines 15 Oat Gluten 16 Barley Gluten