



Newsletter
Friday 19th September
2025



To Parents and Carers,

It has been another wonderful week here at Pelham. All our children have really settled back into the new school year and adapted to some of the changes.

This week our Kindness Champions were elected. They are;

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Michael	Lilah	Harley	Olive	Harper	Luisa
Deya	Hallie	Mary	Rocco U	Louise	Ilham

Our Kindness champions are dedicated students who play a pivotal role in fostering a truly positive and inclusive atmosphere, especially on our playgrounds. Our Kindness Champions are more than just friendly faces; they are active advocates for restorative justice, ensuring that all voices are heard and all feelings are acknowledged. They will begin their work next week.

Also next week children in year 5 and 6 will have the chance to apply for the role of Pupil Parliament. There will be an assembly on Monday to share this with the children. Pupil Parliament works together as a team with a member of staff to implement initiatives to improve Pelham School. If your child wants to apply for pupil parliament they will need to write a short speech to say why they should be elected and what they can bring to the team. The deadline for applications is **Friday 26th September**.

Since the start of term we have seen children from Nursery to Year 3 all playing together at lunchtimes, sharing equipment, navigating the trim trail, and taking part in games organised by the adults. In the Year 4 to 6 playground, children have been enjoying daily handball and basketball matches, competing against each other in games of 4 square (a new favourite for all!), along with using the giant games and construction equipment. Over the coming weeks, you will see more equipment arrive for the children to use at playtimes.

Please can we ask that when you pick your children up at the end of the day, **that they do not play with the equipment**. So far, children have been really respectful and very careful not to break or lose any parts.

REMINDER - please remember to send your children in with PE kits at the start of the week.

PE days are;

Kind Regards,

Miss Took

Miss C. Took
Head of School

Dates for your Diary



Monday 22nd September 2025	Tuesday 23rd September 2025	Wednesday 24th September 2025	Thursday 25th September 2025	Friday 26th September 2025
		Stretto Music - Year 6 Violins Rock Steady	PC Ryan Visiting Reception and Nursery	

Attendance % & Number of Children

For W/E 19/09/25



Challenge- Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!

Class	Attendance	Lates
Caterpillars	77.1%	2
Bumblebees	93.5%	2
Ladybirds	84.2%	1
Butterflies	82.8%	0
Dragonflies	75.3%	3
Kangaroos	89.7%	2
Koalas	93.0%	2
Penguins	95.4%	2
Polar Bears	92.8%	2
Flamingos	96.0%	3
Pelicans	97.3%	0
Giraffes	95.4%	2
Zebra	95.8%	2
Parakeets	87.6%	0
Starlings	91.4%	1

Term Dates



Illuminateminds Trust - Term Dates 2025/26

September 2025						
Wk	Mo	Tu	We	Th	Fr	Su
36	1	2	3	4	5	6
37	8	9	10	11	12	13
38	15	16	17	18	19	20
39	22	23	24	25	26	27
40	29	30				

October 2025						
Wk	Mo	Tu	We	Th	Fr	Su
40			1	2	3	4
41	6	7	8	9	10	11
42	13	14	15	16	17	18
43	20	21	22	23	24	25
44	27	28	29	30	31	

November 2025						
Wk	Mo	Tu	We	Th	Fr	Su
44						1
45	3	4	5	6	7	8
46	10	11	12	13	14	15
47	17	18	19	20	21	22
48	24	25	26	27	28	29

December 2025						
Wk	Mo	Tu	We	Th	Fr	Su
49	1	2	3	4	5	6
50	8	9	10	11	12	13
51	15	16	17	18	*19	20
52	22	23	24	25	26	27
1	29	30	31			

January 2026						
Wk	Mo	Tu	We	Th	Fr	Su
1				1	2	3
2	5	6	7	8	9	10
3	12	13	14	15	16	17
4	19	20	21	22	23	24
5	26	27	28	29	30	31

February 2026						
Wk	Mo	Tu	We	Th	Fr	Su
5						1
6	2	3	4	5	6	7
7	9	10	11	12	13	14
8	16	17	18	19	20	21
9	23	24	25	26	27	28

March 2026						
Wk	Mo	Tu	We	Th	Fr	Su
9						1
10	2	3	4	5	6	7
11	9	10	11	12	13	14
12	16	17	18	19	20	21
13	23	24	25	26	27	28
14	30	31				

April 2026						
Wk	Mo	Tu	We	Th	Fr	Su
14			1	2	3	4
15	6	7	8	9	10	11
16	13	14	15	16	17	18
17	20	21	22	23	24	25
18	27	28	29	30		

May 2026						
Wk	Mo	Tu	We	Th	Fr	Su
18					1	2
19	4	5	6	7	8	9
20	11	12	13	14	15	16
21	18	19	20	21	22	23
22	25	26	27	28	29	30

June 2026						
Wk	Mo	Tu	We	Th	Fr	Su
23	1	2	3	4	5	6
24	8	9	10	11	12	13
25	15	16	17	18	19	20
26	22	23	24	25	26	27
27	29	30				

July 2026						
Wk	Mo	Tu	We	Th	Fr	Su
27			1	2	3	4
28	6	7	8	9	10	11
29	13	14	15	16	*17	18
30	20	21	22	23	24	25
31	27	28	29	30	31	

August 2026						
Wk	Mo	Tu	We	Th	Fr	Su
31						1
32	3	4	5	6	7	8
33	10	11	12	13	14	15
34	17	18	19	20	21	22
35	24	25	26	27	28	29
36	31					



INSET DAYS

HOLIDAYS

*School finishes at 1pm on 19/12/25 & 17/07/26

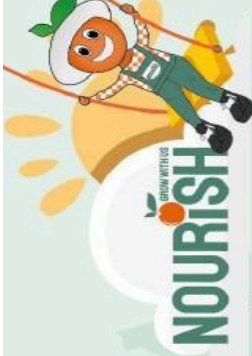
Lunch Menu



APRIL TO
OCTOBER 2025



WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jacket with a Choice of Toppings 7,8,9</p> <p>Rice, Mixed Peppers, Peas</p> <p>Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Chicken Pesto Pasta Shells 1,7 Rice & Bean Burrito & Wedges 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Green Beans, Carrots</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1, Sweetcorn, Coleslaw 9</p> <p>Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 or Salmon Fish Cake 1,7,8 Cheese & Tomato Pinwheel 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Cucumber</p> <p>Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG</p>
WEEK TWO	<p>Vegetable Nuggets with Katsu Sauce 1VG Onion Bhajis with Katsu Sauce VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Rice, Carrots, Peas</p> <p>Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Crushed Potatoes Seasonal Vegetables</p> <p>Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Chicken & Gravy Roasted Vegetable Hot Pot VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes Broccoli, Carrots</p> <p>Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>BBQ Pulled Pork Loaded Wedges Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Coleslaw 9</p> <p>Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Tuna Penne Pasta 1,7,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Grated Carrot</p> <p>Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK THREE	<p>Pork & Beef Bolognese Pasta Shells 1 Cheese & Pesto Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Baked Wedges Seasonal Vegetables</p> <p>Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Caribbean Chicken Curry Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Green Beans, Carrots</p> <p>Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Gammon & Gravy Samosa Puff 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Cabbage, Swede</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Macaroni Cheese 1,7 V Coconut & Spinach Biryani 6 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Mixed Peppers</p> <p>Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Chicken Bites 1 Cheese & Cauliflower Nuggets 7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Sweetcorn, Coleslaw 9</p> <p>Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>

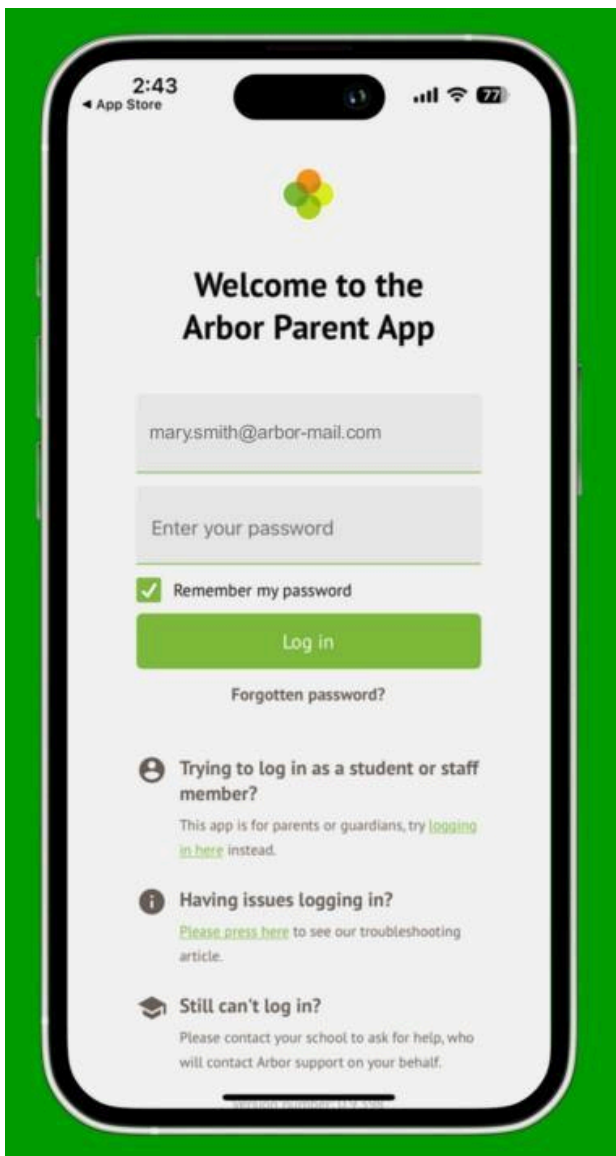


WE ♥ VEGGIES

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian
Primary Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



We're using the Arbor Parent App!



Please log in to update any changes to your child's details

- ▢ Addresses / phone numbers.
- ▢ Medical Information;- ie GP info, allergies and medical conditions.
- ▢ Consents;- For school trips, photographs, Walking home (Y6 only).
- ▢ Mode of travel to school.

Everyone has been sent login details.

If you have any problems please contact the school office.

Information



Admission to Reception in September 2026

Children born between 1 September 2021 and 31 August 2022 will be due to start in Reception in September 2026. The application period will be open on 1 September 2025 and the closing date is 15 January 2026.

Apply on line at:
<https://www.eadmissions.org.uk/>

More information visit:
<https://www.bexley.gov.uk/services/schools-and-education/primary-schools/starting-primary-school>

Do you have any old scooters at home in good working condition, that your children have grown out of? If so please consider donating them to the school. We would like to create a scooter track in our Reception to year 3 playground.

What Parents & Educators Need to Know about SNAPCHAT (13+)

With over 900 million active monthly users and billions of 'snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

ARTIFICIAL INTELLIGENCE
Snapchat's use of artificial intelligence (AI) includes features like the My AI Chatbot and AI-powered filters, offering fun interactive experiences that can be tailored to your child's interests. However, they may have unintended or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to inappropriate impersonations, or inappropriate content.

SCREEN ADDICTION
Snapchat boasts user engagement and daily use with features like streaks. Daily Snapchat exchanges between you and a friend. Streaks are a badge given for a few days, users will see a Ⓜ️. The number of streaks is shown the number of days, but it will reset if a day goes by without the streak, the only way to break a streak is to send a snap. This encourages users to check their phones frequently and keep users returning to the app even more often.

SEXTORTION
Because Snapchat's disappearing messages feature may lower a sense of safety, users may become targets of extortion. An attempt to pressure them into sending explicit images, videos or messages may be a sign of sextortion. This might involve demanding that they share the images with friends or family, or that money is paid.

SNAPCHAT+
Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2025, Snapchat introduced a new feature called 'Snapchat+' which allows users to purchase a subscription for \$3.99 per month. This subscription encourages young users to spend money to access exclusive content, lowering the risk of over-spending or feeling pressured to make in-app purchases.

ACCESSIBILITY
Snapchat is now accessible from a web browser, meaning children can use it on desktop or tablet without downloading the app. This can make activity harder to monitor. Parents should use parental controls, and increase the use of unsupervised communication or exposure to inappropriate content.

INAPPROPRIATE CONTENT
Some content on Snapchat isn't suitable for children, the messaging used in group chats is controlled by the group. There are an increasing number of reports of inappropriate messages being sent. This age inappropriate messages feature also makes it easy for young people to send explicit images or videos, or to keep continuing to be at risk associated with Snapchat.

Advice for Parents & Educators

ACCESS THE SNAPCHAT FAMILY SAFETY HUB
Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that provides tips on how to use the 5+ app responsibly for teens. It's recommended that you review this guidance before allowing a child to download, install, or use the app. It is intended for children aged 13 and over.

ENCOURAGE OPEN DISCUSSIONS
Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about safety and digital literacy with your child. Encourage them to tell you immediately if they see anything about sexting, bullying or harassment. Encourage them to report 'challenges' on the platform that have harmful consequences.

BLOCK AND REPORT
If a stranger contacts you or a child on Snapchat and makes them feel uncomfortable by pressuring them to send or receive unwanted or inappropriate images, videos or messages, it's important to block and report the user. There are options to state why they are reporting that user, which is helpful reporting evidence under the Family Safety and Content Categories. It's important to have the option to report somebody for threatening to leak, sexually explicit images, or nudity.

USE PRIVACY SETTINGS TOGETHER
So often with the children in your care, we discuss Snapchat's privacy settings as a shared activity. You can help your child and who can control privacy settings. It's a good opportunity to discuss the importance of understanding online boundaries. Encourage them to regularly review their settings, reporting other app updates or changes in their friendship groups.

When dropping off and collecting your children to and from school, please can you be mindful of our neighbours. They have contacted the school and asked that you do not block their driveways and more importantly do not park them. Thank you in advance for your support.

Attached with this week's Newsletter in ParentMail is the Wake Up Wednesdays guide on "Conspiracy Theories"

If you would like to speak to a member of the school leadership team please email
pelhamadmin@illuminateminds.org

We Dream Big