



Newsletter
Friday 28th November
2025



To Parents and Carers,

It was lovely to see so many parents attend parents evening this week. Thank you to everyone who filled out our parent surveys and thank you so much for the positive feedback we have received. Once I have collated all the information I will share this with you all.

Next week is our Winter Fair, more information can be found attached. At the winter fair there will be a raffle, prizes are as follows. So please ensure that you buy your tickets. We will send more information out next week to how you can purchase the tickets.

Raffle Prizes

A voucher for Kassipi Cove

£10 gift voucher for Sainsburys

£18 voucher for Ruby Lox Hair Salon

A free golf lesson at Chelsfield Lakes

2 Tickets for The Cloud Cable Car in Greenwich

A voucher for a free family stay and play at Enchanted Woods

A hospitality package for Erith and Belvedere Football club worth £120

If you would like to help at the fair please contact us by email
pelhamadmin@illuminateminds.org.

Lots of parents have been asking about the winter performances. This year we will be using the Church again for our singing performances, dates have been sent on Dojo and you can also find these below.

Important Reminder: Coats

Now the weather is getting colder we are encouraging everyone to wear their coats outside, please ensure children have coats in school.

Key Dates for a Busy Half Term

This is going to be a **busy half term**, so please keep a close eye on the school calendar and the dates below.

- 2nd December - Year 5 Trip to the Horniman Museum
- 5th December - **PSFA Festive Fair**, Flu Vaccinations (second session) & Individual Photos (for those who were absent)
- 11th December is Christmas jumper day and Christmas Dinner day
- 15th December Years 1 and 2 performance starting at 2.30
- 16th December Years 3 and 4 performance starting at 2.30
- 17th December Years 5 and 6 performance starting at 2.30
- 18th December EYFS nativity in school starting at 9.30 (2 tickets per family only)
- 18th December Christmas Pantomime in school for all children

Thank you for your continued support. We look forward to a fantastic second half of the autumn term!

Kind Regards,

Miss Took

Term Dates



Monday 1st December 2025	Tuesday 2nd December 2025	Wednesday 3rd December 2025	Thursday 4th December 2025	Friday 5th December 2025
	Dance Club KS2 Pokemon Club Y1&2 Y5 Horniman Trip	Pokemon Club Y3&4 Young Voices (invite only)	Colouring Club KS1 Chess Club Y5&6 Dodgeball Y3&4	PSFA Winter Fair Flu Vaccinations - second session Individual Photos (for those who were absent)

Attendance % & Number of Children Lates

For W/E 28/11/25



Challenge- Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!

Class	Attendance	Lates
Caterpillars	89.0%	4
Bumblebees	88.2%	3
Ladybirds	89.5%	4
Butterflies	85.0%	7
Dragonflies	89.5%	8
Kangaroos	97.7%	3
Koalas	96.4%	4
Penguins	96.8%	4
Polar Bears	95.3%	4
Flamingos	89.0%	8
Pelicans	92.7%	4
Giraffes	94.3%	2
Zebra	97.9%	2
Parakeets	91.8%	1
Starlings	91.0%	2

Information



Illuminateminds Trust - Term Dates 2025/26

September 2025						
Wk	Mo	Tu	We	Th	Fr	Su
36	1	2	3	4	5	6
37	8	9	10	11	12	13
38	15	16	17	18	19	20
39	22	23	24	25	26	27
40	29	30				

October 2025						
Wk	Mo	Tu	We	Th	Fr	Su
40		1	2	3	4	5
41	6	7	8	9	10	11
42	13	14	15	16	17	18
43	20	21	22	23	24	25
44	27	28	29	30	31	

November 2025						
Wk	Mo	Tu	We	Th	Fr	Su
44						1
45	3	4	5	6	7	8
46	10	11	12	13	14	15
47	17	18	19	20	21	22
48	24	25	26	27	28	29

December 2025						
Wk	Mo	Tu	We	Th	Fr	Su
49	1	2	3	4	5	6
50	8	9	10	11	12	13
51	15	16	17	18	*19	20
52	22	23	24	25	26	27
1	29	30	31			

January 2026						
Wk	Mo	Tu	We	Th	Fr	Su
1				1	2	3
2	5	6	7	8	9	10
3	12	13	14	15	16	17
4	19	20	21	22	23	24
5	26	27	28	29	30	31

February 2026						
Wk	Mo	Tu	We	Th	Fr	Su
5						1
6	2	3	4	5	6	7
7	9	10	11	12	13	14
8	16	17	18	19	20	21
9	23	24	25	26	27	28

March 2026						
Wk	Mo	Tu	We	Th	Fr	Su
9						1
10	2	3	4	5	6	7
11	9	10	11	12	13	14
12	16	17	18	19	20	21
13	23	24	25	26	27	28
14	30	31				

April 2026						
Wk	Mo	Tu	We	Th	Fr	Su
14			1	2	3	4
15	6	7	8	9	10	11
16	13	14	15	16	17	18
17	20	21	22	23	24	25
18	27	28	29	30		

May 2026						
Wk	Mo	Tu	We	Th	Fr	Su
18					1	2
19	4	5	6	7	8	9
20	11	12	13	14	15	16
21	18	19	20	21	22	23
22	25	26	27	28	29	30

June 2026						
Wk	Mo	Tu	We	Th	Fr	Su
23	1	2	3	4	5	6
24	8	9	10	11	12	13
25	15	16	17	18	19	20
26	22	23	24	25	26	27
27	29	30				

July 2026						
Wk	Mo	Tu	We	Th	Fr	Su
27			1	2	3	4
28	6	7	8	9	10	11
29	13	14	15	16	*17	18
30	20	21	22	23	24	25
31	27	28	29	30	31	

August 2026						
Wk	Mo	Tu	We	Th	Fr	Su
31						1
32	3	4	5	6	7	8
33	10	11	12	13	14	15
34	17	18	19	20	21	22
35	24	25	26	27	28	29
36	31					



INSET DAYS

HOLIDAYS

*School finishes at 1pm on 19/12/25 & 17/07/26

Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Chicken Pie 1 Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Crushed Potato Cauliflower, Carrots</p> <p>Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1 Seasonal Vegetables</p> <p>Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Gammon & Gravy Broccoli Tot 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Cabbage, Peas</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Bolognese Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Green Beans Grated Carrots</p> <p>Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Pork Sausages 1,6 Vegetable Sausage VG Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Sweetcorn, Baked Beans Cucumber Sticks</p> <p>Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK TWO	<p>Caribbean Brown Chicken Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Carrots, Peas</p> <p>Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Cheese & Broccoli Pasta Bake 1,7 V Buffalo Cauliflower Wings & Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Chicken & Gravy Ratatouille Puff 1,3 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes Broccoli, Carrots</p> <p>Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Stew & Dumpling 1 Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Green Beans</p> <p>Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Salmon Bites 1,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Coleslaw 9</p> <p>Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK THREE	<p>Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Green Beans, Mixed Salad</p> <p>Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Sweetcorn, Peppers</p> <p>Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Pork & Gravy Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Green Beans, Carrots</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Cottage Pie Herby Tomato Pasta 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Grated Carrot</p> <p>Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG</p>



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

AVAILABLE DAILY

Information



NOURISH

CHRISTMAS MENU

**Roast Turkey with Yorkshire Pudding,
Stuffing, Pigs in Blanket & Gravy 1,6,7,9**

**Winter Vegetable Wellington 1 VG
With Yorkshire Pudding, Stuffing
& Gravy 1,7,9**

**Peas, Carrots,
Brussel Sprouts
Rustic Roast Potatoes**

**Santa's Cookie 1 VG
Iced Chocolate Sponge 1 VG**

Jelly

**Fruit Pots VG
Jugs of Squash**



Dishes marked with any of the following numbers contain the matching allergen:

**1 Wheat 2 Gluten 3 Crustaceans 4 Soybean 5 Mustard 6 Sesame 7 Sulphites/Sulphur Dioxide 8 Milk 9 Fish 10 Egg
11 Peanuts 12 Molluscs 13 Celeriac/Celery 14 Nuts 15 Lupins 16 Oat Gluten 17 Barley Gluten V Vegetarian VG Vegan**

Information



PELHAM PRIMARY SCHOOL CHRISTMAS FAIR

COME AND JOIN US FOR SOME
FESTIVE CHEER!

FRI DEC 5TH, 3 :30-5:30PM

FREE ENTRY

Meet Santa

food and drinks,tombola,games,
craft and stalls and much more
pelhamprimarypsfa@gmail.com

Santa Grotto bookings :



Information



Admission to Reception in September 2026

Children born between 1 September 2021 and 31 August 2022 will be due to start in Reception in September 2026. The application period will be open on 1 September 2025 and the closing date is 15 January 2026.

Apply on line at:
<https://www.eadmissions.org.uk/>

More information visit:
<https://www.bexley.gov.uk/services/schools-and-education/primary-schools/starting-primary-school>

Do you have any old scooters at home in good working condition, that your children have grown out of? If so please consider donating them to the school. We would like to create a scooter track in our Reception to year 3 playground.

What Parents & Educators Need to Know about TIKTOK

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are 'most likely to encounter a potential harm'.

AGE-INAPPROPRIATE CONTENT
 TikTok's following feed shows videos from known creators, while the 'Discover' feature and address tags based on viewing history, lead one-to-one messaging for long enough to appear relevant to the algorithm. Although the app has a 'restricted' age gate through, increasing the amount of adult content is a concern. The amount of adult content is a concern. The amount of adult content is a concern.

CONTACT WITH STRANGERS
 TikTok's short videos may appear light-hearted, but they can expose young people to harmful content. There is a high risk of potential contact with strangers, including those who may be using people using a false date of birth to create a profile visible to everyone else on the app. It also exposes their names to parents and others.

MISINFORMATION AND RADICALISATION
 TikTok's short videos may appear light-hearted, but they can expose young people to harmful content. There is a high risk of potential contact with strangers, including those who may be using people using a false date of birth to create a profile visible to everyone else on the app. It also exposes their names to parents and others.

ADDICTIVE DESIGN
 TikTok's user-generated content of eye-catching videos can be particularly addictive for young users. In 2022, an analysis found an average of 12 minutes per day on the app, with some users spending up to 30 minutes. The app's design, including its 'For You' feed, and algorithm-based recommendations, can lead to addictive use. The app's design, including its 'For You' feed, and algorithm-based recommendations, can lead to addictive use.

ENABLE FAMILY PAIRING
 Family Pairing allows parents to link their child's TikTok account to their own. This allows parents to manage their child's account, including the amount of time spent on the app, and to restrict the content they can see. Parents can also manage their child's account, including the amount of time spent on the app, and to restrict the content they can see.

DISCUSS THE DANGERS
 If a child wants to use TikTok and you're happy for them to do so, it's great. However, it's important to discuss the potential risks. Encourage them to think about any identifying information that they might be sharing on the app, and to be aware of the risks of cyberbullying and grooming. Encourage them to think about any identifying information that they might be sharing on the app, and to be aware of the risks of cyberbullying and grooming.

Meet Our Expert
 Alan Martin is an experienced technology journalist who has written for the BBC, the Daily Mail, and the Evening Standard. He is the author of 'The New Digital'.

Wake Up Wednesdays
 The National College

Twitter: @wake_up_weds | Facebook: /www.thenationalcollege | Instagram: @wakeup.wednesday | TikTok: @wakeup.weds

When dropping off and collecting your children to and from school, please can you be mindful of our neighbours. They have contacted the school and asked that you do not block their driveways and more importantly do not park them. Thank you in advance for your support.

Attached with this week's Newsletter in ParentMail is the Wake Up Wednesdays guide on "Conspiracy Theories"

If you would like to speak to a member of the school leadership team please email
pelhamadmin@illuminateminds.org

We Dream Big

