Friday 20th November 2026

Pelham Primary School Newsletter

DATES COMING UP :

23rd November
Year 5 Horniman Museum

24th November
Stretto Performance year 5

24th November
Year 3 Maths World

25th November
RockSteady Performance

27th November
Winter Fair 3.30-5.30pm

30th November
Reception Church Visit

1st December
Nursery Church visit

1st December Year 1
Lesnes Abbey

To Parents and Carers,

I hope your week has been as good as ours, Year 4 enjoyed a fantastic pizza-making workshop linked to their Design and Technology learning. The children made their own pizzas completely from scratch, thinking carefully about ingredients and the process involved in creating their final product. Their learning went much further than cooking. They also designed their own pizza packaging and explored where different ingredients originated, calculating the food miles travelled before reaching them. It was a brilliant way to bring together DT, geography, maths and sustainability through meaningful, hands-on learning.

Year 6 took part in a thought-provoking British Red Cross workshop this morning, linked to their PSHE learning. The children explored the concept of challenge, considering what challenge can mean to them personally, within their community, nationally and globally. Through discussion and activities, they considered how people respond to challenges and made important connections between overcoming difficulties and developing resilience.

Anti-Bullying Week: Breaking the Silence
This week has also been Anti-Bullying Week, and it was wonderful to see so many children arriving in their odd socks on Monday to celebrate individuality and show their support for this year's theme, 'Breaking the Silence'. During PSHE lessons, children have explored what 'breaking the silence' really means. They have discussed the importance of speaking up when bullying happens, telling a trusted adult and supporting others to feel safe and heard. These conversations reinforce our commitment to creating a school community where everyone feels valued, respected and confident to speak up.

Looking Ahead to Next Week
There is plenty more to look forward to:

- Year 3 and Year 5 will be heading out on their educational visits next week.
- Tuesday afternoon will see our very first violin performance, with Year 5 taking to the stage to showcase everything they have been learning.
- Wednesday is the turn of our Rocksteady bands, who will be performing for their families and showing off their growing musical talents.

Winter Fair
We are also looking forward to this year's Winter Fair, which will take place on 27 November, from 3.30pm until 5.30pm. Please see the poster below for details of the donations we are requesting

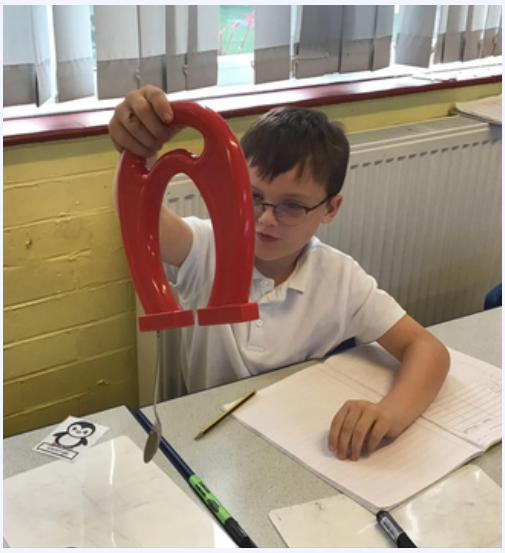
We are really looking forward to another exciting week and, as always, to seeing our children enjoying new experiences, challenging themselves and celebrating their achievements. We hope you have a lovely weekend, and we look forward to another fantastic week at school.

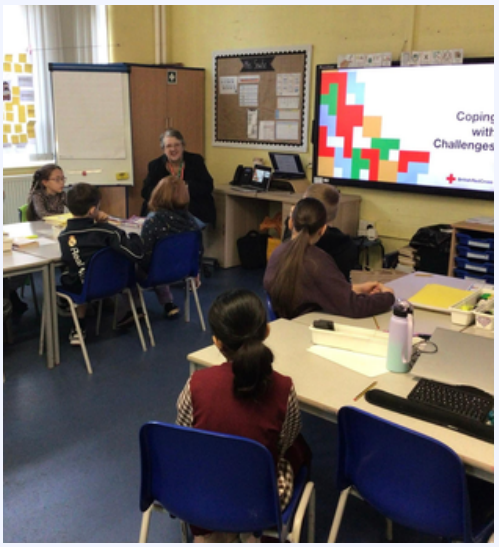
Kind Regards
Miss Took
Head of School











Weekly Calendar

Monday 23rd November 2026	Tuesday 24th November 2026	Wednesday 25th November 2026	Thursday 26th November 2026	Friday 27th November 2026
Year 5 Trip - Horniman Museum	Pokemon Club Y3-6 Winter Crafts Club Y4-6 Martial Arts Club Y1-6 Gymnastics Club Y1-6 Year 3 Trip - Maths World Year 5 & Parakeets Gifted & Talented Violin Perfomance 2:30pm	Martial Arts Club Y1-6 Young Voices Y3-6 Drama Club Y1-6 RockSteady Performance 2:30pm	Centre Stage Y1-6 ASM Football Y1-6 Lunch Time Choir	Year 4 - Pizza Workshop Spanish Club Y1-6 Winter Fair

CHRISTMAS



Carol Concert

DOORS OPEN AT 14:00 FOR A PROMPT 14:15 START

14 DECEMBER, 2026 - YEAR 1 & 2

15 DECEMBER, 2026 - YEAR 3 & 4

16 DECEMBER, 2026 - YEAR 5 & 6

ST MARTIN'S CHURCH, BARNEHURST, ERITH RD, BARNEHURST DA7 6LE

THIS IS THE PERFECT WAY TO EMBRACE THE MAGIC OF THE HOLIDAYS WITH JOYFUL MUSIC, BEAUTIFUL MOMENTS, AND WELCOMING ATMOSPHERE.

EYFS NATIVITY

WEDNESDAY 16TH DECEMBER

PELHAM PRIMARY SCHOOL

HALL

PROMPT START AT 10:00

2 TICKETS PER FAMILY WILL BE ISSUED



A CHRISTMAS OF HOPE: CELEBRATING THE BIRTH OF JESUS THROUGH CREATIVITY

Information

What Parents & Educators Need to Know about

DOXING

Doxing, or 'doxxing' (short for 'dropping documents'), is when someone's personal information is shared without their consent. This could include their phone number, home address, place of work or study, or sensitive information about their family, health, or other private matters. According to Ofcom, 5% of UK 13- to 17-year-olds say they've seen or experienced doxing online. It's often a malicious act and, depending on the circumstances, may be a crime.

WHAT ARE THE RISKS?

REPEAT OR MULTIPLE ATTACKS

Doxing is rarely a one-off incident. Information may be shared across multiple sites or groups, meaning an instance of doxing can escalate quickly. Some victims experience targeted, coordinated campaigns instigated by several people at once, which can feel overwhelming. Even when the information is successfully removed from online platforms, it may reappear on different accounts or sites, making it difficult to escape repeated harassment.

CAMPAIGNS OF CONTROL

Doxing, or the threat of it, can be used to manipulate and control victims. It's a known tactic used by cybercriminals to exploit young people online and can also be used to punish or control victims of domestic abuse. Blackmail, threats, harassment, stalking, and coercive control can constitute criminal offences, so incidents may need to be reported to the police.

MENTAL HEALTH IMPACTS

Doxing is linked to mental health risks, including stress, depression, and anxiety. Having sensitive personal information exposed online can feel violating, leaving victims feeling powerless. Doxing can also be seen as an 'invitation' for others to harass or 'pile on' to a target, making them feel increasingly vulnerable. Victims may need support and safe spaces to discuss the impact of a doxing campaign on their wellbeing.

UNEQUAL IMPACTS

Doxing can disproportionately affect those who are already marginalised, including women and girls, racially minoritised groups, LGBTQ+ people, those with disabilities or health conditions, and people from lower socioeconomic backgrounds. While anyone can be a victim, research shows that women are more likely to experience image-based or sexualised harassment and online 'mobbing' alongside doxing. One study found that 19% of young women aged 16 to 24 reported being doxed.

OFFLINE RISKS

When doxing reveals someone's location or address, it can put them at risk of offline harm or harassment. Victims may face vandalism, unwanted contact from strangers, being recorded or followed, or receiving items they did not ask for. Others living with them, such as family members, may also be at risk. Limiting the personal information available online can help reduce exposure, while harassment can be reported to the police.

CRIMINAL CONSEQUENCES

There are risks for those who take part in doxing, too. Under UK law, teenagers have been prosecuted for targeting other young people online. 'Swatting', which involves making false emergency reports to trigger an armed police response, is also linked to doxing and can be a criminal offence. Hacking into others' online accounts is illegal, too. Young people need to understand what constitutes a crime online and where to seek advice.

Advice for Parents & Educators

KNOW THE LAW

Doxing sometimes overlaps with criminal offences, including hacking, harassment, stalking, threats, coercive control, exploitation, blackmail, and image-based abuse. Depending on the circumstances, some victims may also have grounds to bring legal action against the misuse of their private information. Make sure that young people understand the potential legal consequences, both as victims and perpetrators, and contact the police about any suspected criminal activity.

ACT SWIFTLY

If a child or young person has experienced doxing, take it seriously and act quickly. Keep a record of the posts and accounts involved, report the doxing content to the platform, and consider whether temporarily limiting account activity could help. Seek advice from online safety organisations, such as Internet Matters or SWGfL and report any criminal activity to the police or educational settings, follow safeguarding procedures. Signpost young people to Childline or The Mix for confidential support.

EXPLORE PRIVACY SETTINGS

Talk through the various digital privacy and security settings available online with young people. Show them how to make their accounts private, limit who can see their posts or contact them, and manage any location sharing settings. Encourage them to review these settings regularly, particularly when joining new platforms, to help them stay in control of their personal information and reduce the risk of being doxed.

TALK INFORMATION SECURITY

Doxing becomes easier when a person's information security is weaker. Ask young people what might be unsafe or inappropriate about posting content publicly online. Parents and educators should likewise be cautious about what they share and should try to model good cybersecurity habits, such as updating their passwords and using two-factor authentication.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading an expert in media law, online safety and young people. Her PhD investigated youth-centred design of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal and ethical considerations of rapidly advancing technologies.

#WakeUpWednesday

The National College

NEW ACADEMIC YEAR
PLEASE UPDATE YOUR CHILD'S
PHOTO PERMISSIONS!

Log in to the **Arbor Parent App** to review and update your child's consents.

There are 3 types of permissions:

1 School/Trust Photo and Video Permission

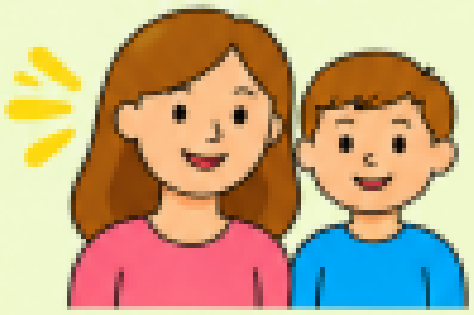


For use on our websites, prospectuses, displays and approved educational platforms.

2 Media Photo and Video Permission

Trust and school social media accounts (e.g. X/Twitter, Facebook, Instagram).

3 Parent/Carer Photo and Video Permission



! Please review each permission.

How to update:

1. Log into your **Arbor Parent App.**
2. Look under **Notices** on the left hand side.
3. Click on the relevant options to give your permission.



Thank you for your support!

Pelham Primary School

Little Dreamers 2+ Provision



Little Dreamers 2+ Provision

Our **brand-new Little Dreamers 2+ Provision** provides high-quality early years learning in a nurturing, safe and inspiring environment. We create a space where children can **learn, play, explore and grow** with confidence.

With caring staff and exciting opportunities, we help every child build strong foundations for their future.

To brook a visit or register today, please call **02083036556**

or email the school office : **pelhamadmin@illuminateminds.org**

SPACES AVAILABLE NOW!

PELHAM SCHOOL CLUBS

Be Creative
Be Active
Be You

Different Interests
Brighter Futures



MARTIAL ARTS CLUB



GYMNASTICS CLUB



POKÉMON CLUB



DRAMA CLUB



YOUNG VOICES



LUNCHTIME CHOIR CLUB



FOOTBALL CLUB





SPANISH CLUB



WINTER CRAFTS CLUB

SAME SCHOOL
BRIGHTER TOGETHER

Learn
Play
Grow
Belong

Attendance and Number of Children Lates

For W/E 20/11/2026

ATTEND TODAY, ACHIEVE TOMORROW

EVERY DAY COUNTS

Registration Form	Present Marks (%)	Late Marks
Caterpillars	99.0%	6
Little Dreamers	100.0%	0
Bumblebees	96.8%	5
Ladybirds	94.1%	2
Butterflies	96.1%	0
Dragonflies	91.1%	4
Kangaroos	93.6%	3
Koalas	94.5%	7
Penguins	97.3%	9
Polar Bears	96.8%	1
Flamingos	91.4%	7
Pelicans	95.2%	2
Giraffes	97.3%	7
Zebra	94.0%	5
Parakeets	96.0%	7
Starlings	96.6%	1

WHY ATTENDANCE MATTERS

You learn more
You build friendships
You gain confidence
You have fun

Every day in school is another chance to learn, laugh and achieve

CHALLENGE TIME!

Can we get even more classes aboce 95% attendance next week?

BE HERE. BE READY. BE YOUR BEST

Thank you to all our families for your continued support in helping children attend school every day!

Term Dates & Lunch Menu

Illuminateminds Trust – Term Dates 2026/27

September 2026

Wk	Mo	Tu	We	Th	Fr	Sa	Su
36		1	2	3	4	5	6
37	7	8	9	10	11	12	13
38	14	15	16	17	18	19	20
39	21	22	23	24	25	26	27
40	28	29	30				

October 2026

Wk	Mo	Tu	We	Th	Fr	Sa	Su
40				1	2	3	4
41	5	6	7	8	9	10	11
42	12	13	14	15	16	17	18
43	19	20	21	22	23	24	25
44	26	27	28	29	30	31	

November 2026

Wk	Mo	Tu	We	Th	Fr	Sa	Su
44							1
45	2	3	4	5	6	7	8
46	9	10	11	12	13	14	15
47	16	17	18	19	20	21	22
48	23	24	25	26	27	28	29
49	30						

December 2026

Wk	Mo	Tu	We	Th	Fr	Sa	Su
49		1	2	3	4	5	6
50	7	8	9	10	11	12	13
51	14	15	16	*17	18	19	20
52	21	22	23	24	25	26	27
53	28	29	30	31			

January 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
53					1	2	3
1	4	5	6	7	8	9	10
2	11	12	13	14	15	16	17
3	18	19	20	21	22	23	24
4	25	26	27	28	29	30	31

February 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
5	1	2	3	4	5	6	7
6	8	9	10	11	12	13	14
7	15	16	17	18	19	20	21
8	22	23	24	25	26	27	28

March 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
9	1	2	3	4	5	6	7
10	8	9	10	11	12	13	14
11	15	16	17	18	19	20	21
12	22	23	24	25	26	27	28
13	29	30	31				

April 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
13				1	2	3	4
14	5	6	7	8	9	10	11
15	12	13	14	15	16	17	18
16	19	20	21	22	23	24	25
17	26	27	28	29	30		

May 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
17						1	2
18	3	4	5	6	7	8	9
19	10	11	12	13	14	15	16
20	17	18	19	20	21	22	23
21	24	25	26	27	28	29	30
22	31						

June 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
22		1	2	3	4	5	6
23	7	8	9	10	11	12	13
24	14	15	16	17	18	19	20
25	21	22	23	24	25	26	27
26	28	29	30				

July 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
26				1	2	3	4
27	5	6	7	8	9	10	11
28	12	13	14	15	16	17	18
29	19	* 20	21	22	23	24	25
30	26	27	28	29	30	31	

August 2027

Wk	Mo	Tu	We	Th	Fr	Sa	Su
30							1
31	2	3	4	5	6	7	8
32	9	10	11	12	13	14	15
33	16	17	18	19	20	21	22
34	23	24	25	26	27	28	29
35	30	31					

INSET DAYS | HOLIDAYS

*School finishes at 1.00pm on 17/12/26 & 20/07/27



I LOVE SCHOOL DINNERS

INDEPENDENTCATERING | EDUCATERLIMITED

WEEK 4

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 23 NOVEMBER	TUESDAY 24 NOVEMBER	WEDNESDAY 25 NOVEMBER	THURSDAY 26 NOVEMBER	FRIDAY 27 NOVEMBER
V VEGETARIAN VEGAN	Mixed Vegetable Shepherdess Pie VEGAN	Cheese and Tomato Pinwheel (1, 9)	Leek and Mixed Bean Parcel (1) VEGAN	Sweet Potato and Chickpea Curry (May Contain 1, 11) VEGAN	Cheese and Bean Quesadilla (1, 9) VEGAN
M MAIN MEAL	Chinese Style Chicken and Prawn Crackers (2, 8)	Homemade Sausage Rolls (1, 14)	Roast Gammon and Pineapple with Gravy	Mild Chicken Curry (May Contain 1, 11)	Breaded Fish or Salmon Fish Cake (1, 4)
P PASTA DISH	Tomato and Pepper Pasta (1)	Arrabbiata Pasta (1)	Roasted Vegetable and Herb Pasta (1)	Macaroni Cheese (1, 9, 11) (May Contain 8)	Tomato and Basil Pasta (1)
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)
S SIDE DISHES	Stir Fry Vegetables and Noodles (1, 7, 8) Salad Bar	Jacket Wedges, Baked Beans, Salad Bar	Roast Potatoes, Fresh Carrots and Cabbage, Salad Bar	Rice, Naan Bread (1) Green Beans, Salad Bar	Chips, Garden Peas and Baked Beans, Salad Bar
D DESSERT DISHES	Iced Vanilla Sponge (1, 7) (May Contain 8)	Fruit Smoothie Day	Lemon Drizzle Cake (1, 7) (May Contain 8)	Tutti Frutti Thursday Fruit Jelly	Rice Krispie Cake (1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) · JELLY · FRESH FRUIT · CHEESE BISCUITS (1, 9) · FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS
3 MOLLUSCS
4 FISH
5 PEANUTS
6 NUTS
7 EGGS
8 SOYBEANS
9 MILK
10 CELERY
11 MUSTARD
12 LUPIN
13 SESAME
14 SULPHUR DIOXIDE

*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE

SCHOOL NAME

INDEPENDENTCATERING.CO.UK
EDUCATERLIMITED.COM

Breakfast Club and Extended Day Menu

SCHOOL MENU

	MON	TUE	WED	THU	FRI
BREAKFAST	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of follwing Toast/Pancakes/ served with jam, honey or butter Brioche Choice of fruit Melon Banana Apples Flavoured Yoghurts	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of follwing : Toast/Waffles/ served with jam, honey or butter Brioche Choice of fruit Banana Satsuma Apples Flavoured Yoghurt	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of follwing : Toast/Pancakes/ served with jam, honey or butter Brioche Choice of fruit Melon Banana Apples Flavoured Yoghurts	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of follwing : Toast/Waffles/ served with jam, honey or butter Brioche Choice of fruit Banana Satsuma Apples Flavoured Yoghurts	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of follwing : Toast/Pancakes/ served with jam, honey or butter Brioche Choice of fruit Melon Banana Apples Flavoured Yoghurts

SCHOOL MENU

Extended day 3:15 - 6:00 pm session

	MON	TUE	WED	THU	FRI
Short session 3:15-4:30 Snack	Crackers with jam /cheese spread with butter ,jam or honey.				
WEEK 1	Cheese/Ham Pitta Cucumber/Carrot sticks	Pasta Cucumber sticks & Tomatoes	Beans or spaghetti Hoops on Toast Cucumber/Pepper Sticks	Pizza Carrot sticks & Sweetcorn	Chicken or Veggie nuggets Peas or Carrot sticks
WEEK 2	Cheese/Ham wraps Cucumber/Carrot sticks	Noodles Cucumber sticks & Tomato	Ham/Cheese or Beans Toasted sandwich Cucumber/Pepper Sticks	Pizza Carrot sticks or Pepper Sticks	Chicken or Veggie nuggets Sweetcorn & Carrot sticks
DESSERT	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake

Light dinner option will be served between 4.30-4.45 - If your child does not like the choice of food on the

Information

When dropping off and collecting your children from school, please be mindful of our neighbours. We have received concerns from local residents asking that driveways are not blocked or used for parking at any time. In addition, please do not park in restricted areas, including the zig-zag lines outside the school, permit holder spaces, or in car parks within the surrounding closes. Your cooperation in respecting local residents, road safety regulations, and access for all is greatly appreciated.

Thank you in advance for your support





If you would like to speak to a member of the school leadership team please email: pelhamadmin@illuminateminds.org