



Newsletter

Friday 23rd February 2024



@PelhamPrimary_ Tel: 0208 303 6556 Email: Pelhamadmin@illuminate minds.org



Dear Parents and Carers,

This week we began our Spring 2 term with a Super Start! Our children took part in lots of activities relating to their topic which engaged them in their learning.

Our Ladybirds, Butterflies, Dragonflies, Pelicans, Flamingos and Starlings all went on trips this week. Trips are so important as they enrich the curriculum and offer children opportunities to experience things that they may not have experienced before. Thank you to all our parent and carer volunteers, thank you for giving up your time to support our classes and ensure that their trips were safe and enjoyable.

Today we've had our Numbots and TT Rockstar Day to promote the importance of number bonds and times tables. Keep an eye on our school Twitter for photos!



Take care.

Mr T Baines - Head Teacher



We Dream Big

Attendance



| Class | Percentage % |
|-------------|--------------|
| Bumblebees | 81.3% |
| Ladybirds | 86.9% |
| Dragonflies | 97.1% |
| Butterflies | 94.6% |
| Kangaroos | 94.8% |
| Koalas | 78.8% |
| Penguins | 94.2% |
| Polar Bears | 98.3% |
| Pelicans | 95.3% |
| Flamingos | 94.2% |
| Giraffes | ★ 100% ★ |
| Zebras | 91.7% |
| Starlings | 91.7% |
| Parakeets | 92.1% |

It's great to see everyone working so hard to achieve the target of 100% . We can only do this if we all work together!

Attendance and Punctuality

We continue to monitor attendance and punctuality in an effort to improve.

The school gates open daily at 8:40am and close promptly at 8:50am. Please make sure that your child is on time and in school every day so that they do not miss out on learning time.

Reporting Absences

If your child is unwell and not able to attend school, it is essential that parents/carers call the office first thing in the morning to let us know. If we do not have contact and are then unable to contact you this may become a safeguarding concern.

Diary

| | | | | |
|---|---|---|--|--|
| Monday 26 th February 2024 | Tuesday 27 th February 2024 | Wednesday 28 th February 2024 | Thursday 29 th February 2024 | Friday 1 st March 2024 |
| Year 3 Trip - Science Museum Year 6 Starlings Trip - Imperial War Museum | Flamingos Swimming | Year 6 SATs Parent Workshops 9:30am - 10:00am 5:00pm - 5:30pm | Meet the Headteacher Appointments Only 9:30am - 10:20am Year R Bumblebees Trip - Surrey Docks Farm Visit | |
| Monday 4 th March 2024 | Tuesday 5 th March 2024 | Wednesday 6 th March 2024 | Thursday 7 th March 2024 | Friday 8 th March 2024 |
| | Year 6 Parakeets Trip - Imperial War Museum Flamingos Swimming | Careers Afternoon | World Book Day (Dress up Day) PSFA - Mother's Day Pop Up Shop | |
| Monday 11 th March 2024 | Tuesday 12 th March 2024 | Wednesday 13 th March 2024 | Thursday 14 th March 2024 | Friday 15 th March 2024 |
| Science Week | Science Week Flamingos Swimming | Science Week Science Fair - Year 1, Year 2 and Year 3 | Science Week Year 3 Trip - National Maritime Museum Science Fair - Year 4, Year 5 and Year 6 | Science Week Year R Bumblebees Trip - Postal Museum Visit |
| Monday 18 th March 2024 | Tuesday 19 th March 2024 | Wednesday 20 th March 2024 | Thursday 21 st March 2024 | Friday 22 nd March 2024 |
| Parent Consultation Evenings 3:30pm - 6:00pm | Parent Consultation Evenings 3:30pm - 6:00pm Flamingos Swimming | Year R Ladybirds Trip - Postal Museum Visit | Attendance and Punctuality Coffee Morning 9:30am - 10:00am | Year 5 Giraffes Trip - Horniman Museum |
| Monday 25 th March 2024 | Tuesday 26 th March 2024 | Wednesday 27 th March 2024 | Thursday 28 th March 2024 | Friday 29 th March 2024 |
| Year 5 Zebras Trip - Horniman Museum PSFA - Easter Bonnet Competition | Flamingos Swimming NO CLUBS | PSFA - Egg Hunt NO CLUBS | Year 1 to Year 6 Parent and Carers Showcase From 3:00pm to 3:40pm NO CLUBS | School Closed |



WORLD BOOK DAY

*Thursday 7th
March*

**CHILDREN ARE INVITED TO DRESS UP AS THEIR
FAVOURITE BOOK CHARACTER OR WEAR THEIR
PYJAMAS**

PRIZES TO BE AWARDED DURING THE DAY

PSFA DATES FOR YOUR DIARY



SPRING



2024

**FRI
09
FEB**

NON -UNIFORM DAY

↘ Wear a colour that you LOVE

**THUR
07
MARCH**

**MOTHERS DAY POP-UP
SHOP**

**MON
25
March**

**EASTER BONNET
COMPETITION**

↘ Plus Easter treats and special guest

**WED
27
MARCH**

EGG HUNT

**15/16
MAY**

SPRING DISCOS

↘ Over 2 nights for different year groups

FUNDRAISER - 15 APR - 03 MAY- SPRING 24 CHALLENGE

CELEBRATING 20 YEARS

NOURISH
Established 2003

OCT 23 TO MAR 24

Weekly Menu

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|---|--|---|---|---|
| Week 1 | Vegetable Lasagne 1,3,4,7,9 Cauliflower & Chick Pea Curry 1,6 Jackets with a Choice of Toppings 7,8,9 | Chicken Stew & Dumplings 1 Pesto Pasta Bake 1,7,9 Jackets with a Choice of Toppings 7,8,9 | Mixed Beef & Yorkshire Pudding 1,2,9 Lentil & Bean Loaf 1,6 Jackets with a Choice of Toppings 7,8,9 | Pasta Carbonara 1,7 Falafel Wrap 1,6 Jackets with a Choice of Toppings 7,8,9 | Fish Fingers 1,6 Cheesy Bean Slice 1,7,9 Jackets with a Choice of Toppings 7,8,9 |
| 30th Oct | | | | | |
| 27th Nov | | | | | |
| 6th Jan | Rice, Sweetcorn, Peppers | Green Beans, Carrots | Rustic Roast Potatoes Cauliflower, Broccoli | New Potatoes Seasonal Vegetables | Chips, Peas Baked Beans, Coleslaw 9 |
| 5th Feb | Rice Pudding & Jam 7 Yr Flourish Biscuit 1 Fruit Pots | Apple Crumble 1 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots | Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17 | Chocolate Swirl 1,7 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17 | Ginger Biscuit 1,15 Yoghurt 17 Fruit Pots |
| 11th Mar | | | | | |
| Week 2 | Macaroni Cheese 1,7,9 Rice & Bean Burrito 1,6 Jackets with a Choice of Toppings 7,8,9 | Chicken Noodles 1,2,6,8 Vegetable Muggets & Tomato Sauce 1,6 Jackets with a Choice of Toppings 7,8,9 | Roast Pork & Gravy Roast Vegetable Yorkshire Pudding Wrap 1,2,9,4 Jackets with a Choice of Toppings 7,8,9 | Mild Chili 4 Cheesy Pasta Bake 1,7,9 Jackets with a Choice of Toppings 7,8,9 | Salmon Risotto 6 Margherita Pizza 1,2,9,4,9 Jackets with a Choice of Toppings 7,8,9 |
| 6th Nov | | | | | |
| 4th Dec | Baked Wedges Seasonal Vegetables | Rainbow Rice, Carrots, Peas | Rustic Roast Potatoes Cabbage, Sweetcorn | Rice, Carrots, Green Beans | Chips, Peas, Baked Beans Cucumber Sticks |
| 15th Jan | Ice Cream 7 Yr Flourish Biscuit 1 Fruit Pots | Toffee Apple Pudding 1,9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots | Popcorn & Raisin Pot Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17 | Sunshine Bar 1,6,15,16 Yr Flourish Biscuit 1 Yoghurt 17 Fruit Pots | Jatta Biscuit 1 Yoghurt 17 Fruit Pots |
| 19th Feb | | | | | |
| 10th Mar | | | | | |
| Week 3 | Cheese & Tomato Garlic Dough Balls 1,7,9 Spaghetti Vegetable Bolognese 1,6 Jackets with a Choice of Toppings 7,8,9 | Chicken Curry Tomato & Herb Pasta 1,6 Jackets with a Choice of Toppings 7,8,9 | Roast Gammon & Gravy Cheese & Onion Pinwheel 1,7,9 Jackets with a Choice of Toppings 7,8,9 | Chicken & Sweetcorn Pie 1 Pesto Pasta 1,7,9 Jackets with a Choice of Toppings 7,8,9 | Sausages 1,6 Quorn Sausage 1,6 Jackets with a Choice of Toppings 7,8,9 |
| We are on this week | New Potatoes Green Beans, Carrots Chocolate Whip 7 Fruit Pots, Yr Flourish Biscuits 1 | Rice, Sweetcorn Onion Slaw Jam Sponge 1,9 & Custard 7 Yr Flourish Biscuits 1 Fruit Pots | Rustic Roast Potatoes Cabbage, Peas Fruit Jelly Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17 | New Potatoes Seasonal Vegetables Sweet Potato Cake 1,9 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17 | Chips, Peas, Baked Beans Roasted Onions Apple Flapjack 1,15 Yoghurt 17 Fruit Pots |
| Week 4 | Margherita Pizza 1,2,9,4 Vegetable Biryani 1,6 Jackets with a Choice of Toppings 7,8,9 | BBQ Chicken Tomato Spaghetti 1,6 Jackets with a Choice of Toppings 7,8,9 | Roast Chicken & Gravy Vegan Sausage Roll 1,6 Jackets with a Choice of Toppings 7,8,9 | Bolognese Penne Pasta 1 Cheesy Cajun Wedges 4,7,9 Jackets with a Choice of Toppings 7,8,9 | Fish Fingers 1,6 Bruschetta 1,7,9 Jackets with a Choice of Toppings 7,8,9 |
| 20th Nov | | | | | |
| 1st Jan | Rainbow Pasta 1 Sweetcorn, Peppers | Rice, Seasonal Vegetables | Rustic Roast Potatoes Green Beans, Carrots | Cauliflower, Broccoli | Chips, Peas Baked Beans, Coleslaw 9 |
| 29th Jan | Strawberry Mousse 7 Yr Flourish Biscuit 1 Fruit Pots | Banana Loaf 1,9 & Chocolate Custard 7 Yr Flourish Biscuits 1 Fruit Pots | Fruity Cornflake Cake 1,7 Yr Flourish Biscuits 1 Fruit Pots, Yoghurt 17 | Jam Swirl 1 Yr Flourish Biscuit 1 Fruit Pots, Yoghurt 17 | Caramel Cookie 1,7 Fruit Pots, Yoghurt 17 |
| 4th Mar | | | | | |



Dishes marked with any of the following numbers contain the matching allergen.

- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Nuts
- 12 Celery/Celery
- 13 Nuts
- 14 Lupins
- 15 Bar Gluten
- 16 Barley Gluten



We are on this week



X,EE, PG, Vegan, V, Vegetarian
 Just Add the Daily: Selection of Salads 9, Homemade Bread 1, 3, 7, 9
 Some of our dishes may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celery. Please discuss with your manager.

AGE RESTRICTION
13+
with parental permission



What parents need to know

Twitch



Twitch is a gaming-focused live-streaming service, owned by Amazon, where you can watch others play games live and listen to commentary as they play. It has 15 million daily active users and more than three million people live broadcast video game streams and other content on Twitch, with channels dedicated to just about every popular video game imaginable – both modern and retro. There are also shows that feature gaming competitions, professional tournaments, game-related chat and news. Plus, numerous non-gaming channels covering everything from cookery and music to art and travel. But Twitch is not just about watching other people's shows – anyone can broadcast their own gaming action.

Top Tips for Parents

THE RISK - IT'S LIVE & UNCENSORED

As gamers get engrossed in their games, it is very common to hear rather choice words, so the chance of your child encountering swear words and bad language is extremely high. There is not only the language of the person running the stream that you need to consider, but also the language of other Twitch users in the text-based chat that accompanies streams.

What parents can do

There's not much you can do to reduce exposure to bad language on Twitch, but if there are any troublesome users, it is possible to block them. It is a good idea to spend a little time with your child as they explore different channels on the platform, as this will give you an idea of the sort of content they are being exposed to. As Twitch does not offer any parental control options, this is the best way to police what your child is doing. If your child is overwhelmed or disturbed by comments that are being posted in the stream chat, it is possible to hide it from view by clicking the little arrow to the right of the Subscribe button.

THE RISK - VIOLENT GAMES & ADULT CONTENT

Like so many websites, Twitch does not allow children under the age of 13 to create an account, but in practice, there's nothing to stop anyone signing up by simply entering a false date of birth. In addition to swearing, commentary provided by other Twitch users may well contain adult content, and the games themselves can be rather violent. Bear in mind that many of the games on the market these days have an age rating of 18, and this is indicative of the bad language, sexual content and violence that they may contain.

What parents can do

There is nothing that can be done to prevent your child from accessing whatever channel they want – short of using your router settings or parental control software to block access to the site completely. One of the problems with Twitch is that while there is plenty of child-friendly content out there, it is not at all easy to quickly identify what might not be suitable. Spend some time working with your child to help identify channels that will be appropriate for them. While it may be hard to ensure they stick to these channels, it is useful for them to know that there is content available that is not overtly adult in nature.

THE RISK - POTENTIAL COSTS

By default, Twitch is ad-supported, but there is a monthly subscription option – called Twitch Turbo – that offers an ad-free experience. On top of this, it is possible to subscribe to individual channels, and each one is chargeable individually. There's also Twitch Prime, a premium experience included with the Amazon Prime and Prime Video subscription memberships, which offers bonus games and exclusive in-game content and Twitch Merch – an online store offering merchandise, such as T-shirts and hoodies. Twitch Bits is a virtual currency that gives your child the power to encourage and show support for streamers – through 'cheers' – and get attention in chat through animated emotes. Bits cost real money and there's one option to buy 25,000 Bits for £288. It's easy to see how costs could very quickly mount up to the more involved your child gets into Twitch.

What parents can do

Take steps to restrict access to your credit/debit card, as well as your PayPal account, to avoid getting hit by a large bill. If you are able to access your child's Twitch account, it is possible to check their purchase history, so you can see if they are spending too much money on subscriptions or donations. Explain to your child that subscribing to channels and purchasing Bits for cheers is optional, and that they can watch and enjoy a stream without doing either.

THE RISK - UNWANTED CONTACT FROM OTHER USERS

Just like any website or platform with a social element to it, there is the risk that your child will not only come into contact with the sort of people you might rather they didn't, but also that they could be harassed, groomed or bullied online.

What parents can do

Within Twitch settings, in the Security and Privacy section, it is possible to block messages – known as 'whispers' – from strangers. It's worth noting that this option only blocks messages by those who are not your friend, someone you follow, someone you subscribe to, one of your mods, or one of your editors. Taking things further, it is possible to completely block users who become problematic. Show your child how to make use of this option by clicking on a user's name and in the little pop-up that appears, click the icon that looks like a little speech bubble to block them. If your child wishes to report the user to Twitch, click the three dots button beneath the block option and click Report.

THE RISK - WEBCAM SHARING

As well as seeing streaming footage of games, Twitch also lets users share their webcam, so people can see them.

This gives yet another way for people to share inappropriate content, and it also gives another way for streamers to subject your child to advertising, sponsored content and product placement.

What parents can do

Getting involved in your child's use of Twitch is the best way to keep an eye on the sort of content they are consuming and intervene if anything inappropriate crops up. As part of your conversations with your child about what is appropriate to share online, try to educate them about careful use of their own webcam if they choose to stream their own gaming. As well as ensuring they are not encouraged into doing anything inappropriate on camera, it is also important to check that anything that can be used to identify them is not included in shot.

THE RISK - TWITCH EMOTES

Twitch's interactive chat feature is littered with emotes or 'emotes', which for first time users will be completely bewildering. They typically feature faces of notable streamers, Twitch employees or fictional characters, such as a grey-scale photograph of a game developer known as Kappa, which is often used in Twitch chat as a symbol of sarcasm or mockery. Your child may be upset or sensitive if they are the target of negative emotes while chatting with other gamers, or they may find some emotes offensive.

What parents can do

Chat to your child about how they use Twitch and show an interest in understanding how it works. There are lots of online guides to Twitch emotes if you really want to get clued up on what your child is talking about in chats. Twitch's terms of service dictate that emotes must not be used for harassment – defined by 'targeted insults, defamation, intimidation, and threats of any nature'. If your child finds an emote that violates guidelines, they can report it via the 'User Report' tool. Channel owners can also add specific emotes to their 'Channel Banned Words' list.

SOURCES:
<https://www.twitch.tv/>



National Online Safety

A whole school community approach to online safety

www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061

